

## YOUR HAND LUGGAGE

### CHECKLIST

From p125 of *The Intelligent Traveller*.

*Include these items in your cabin luggage:*

- fragile items
- valuables, including wallet, jewellery
- travel documents (passport, visas, tickets)
- pen (make sure it doesn't leak – put in a plastic bag if unsure)
- most recent currency conversion rates (produce a small chart) for the countries you're going to, including the transit country
- information you'll need at your destination (public transport details, address and phone number of accommodation, map)
- mobile phone
- medications and prescriptions
- spectacles
- book (and a crossword book with pencil and eraser is a good idea)
- water bottle (fill after you've gone through security if the airport restricts carrying liquids)
- basic toiletries as allowed (toothbrush, toothpaste, moisturiser, lip salve, hand lotion, deodorant in containers of 100ml or less)
- electronic equipment (but remember a laptop will be counted as one bag)
- an empty pillowcase (with this you can make a pillow out of anything – a spare blanket, a sweater or coat)
- you might consider a change of T-shirt, underwear and socks (not a bad precaution against lost or delayed luggage)
- be sure to label your bag – inside and out